

The image features a dark blue background filled with a dense, overlapping pattern of light blue brushstrokes. These strokes are of varying thickness and direction, creating a sense of movement and texture. In the center of the image is a solid black circle. Inside this circle, the word "found." is written in a white, serif font. The period at the end of the word is a small, solid dot.

found.

We empower authentic transformation and self-discovery through immersive experiences, blending clinical expertise with personal growth to build fulfilling lives.

Mental Health

Trauma

Addiction

Dual Diagnosis

PHP, IOP, Virtual &

Outpatient Detox

found.

To enhance the human experience by breaking the cycle of addiction through immersive, creativity-driven, and strength based care.

In partnership with Professionals, we provide a deeply supportive, innovative, and highly curated recovery experience.

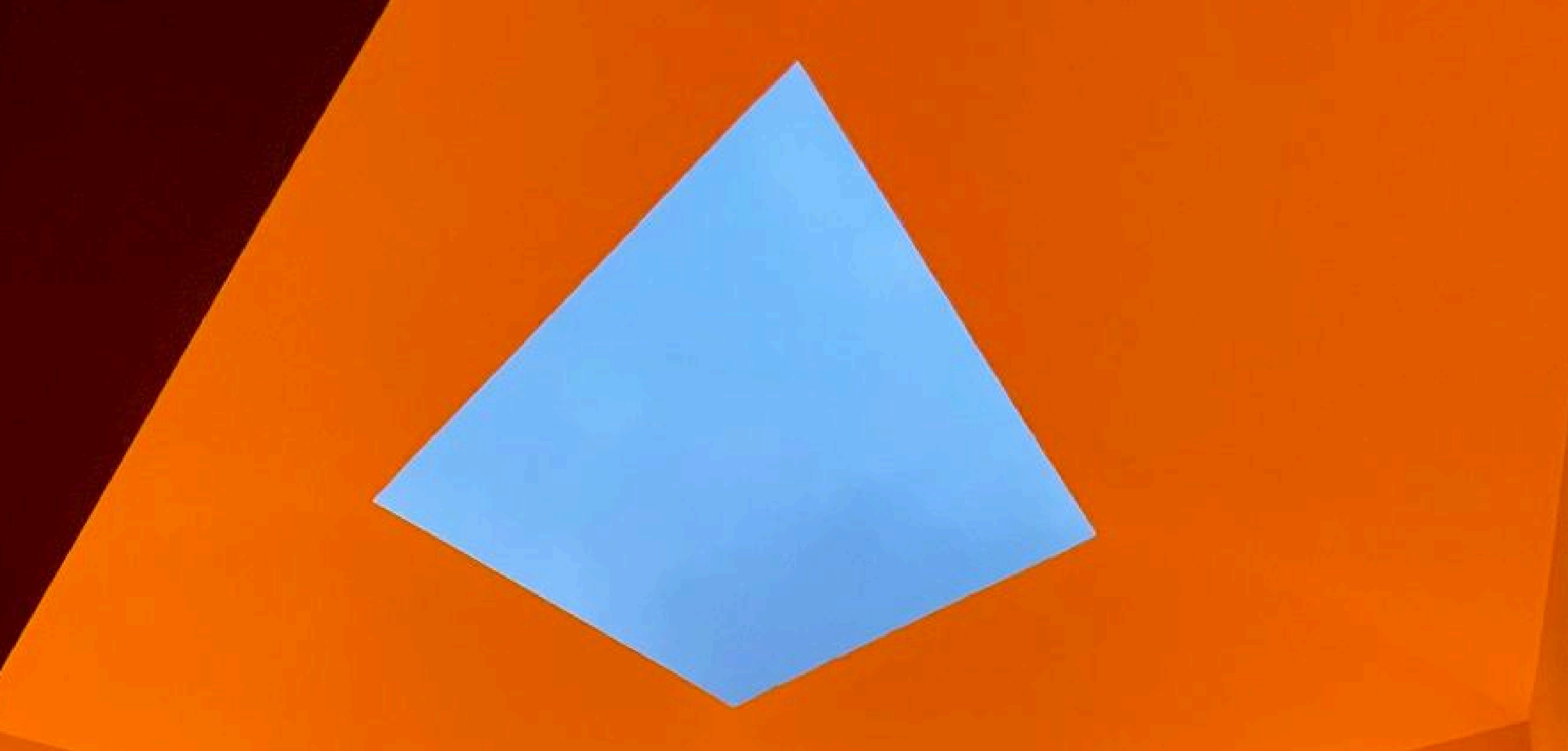
Mission *Vision*



We envision a world where recovery is not just about sobriety, but about self-discovery, human connection, and experiential transformation - where individuals reclaim their lives with confidence, resilience, and renewed purpose.

Supported by Professionals who trust Found Recovery as their go-to partner in care.

found.



The People We Help

- Individuals ready for a deeper transformation
- Adults and adolescents who are stuck
- Creatives seeking a fresh approach
- Professionals looking for balance
- All backgrounds and walks of life welcome



The Challenges We Treat

- Disengagement from life, Burn out, Fatigue
- Failure to Launch
- Substance Use & Addiction
- PTSD & Complex Trauma
- Mood & Personality Disorders
- Anxiety & Depression
- Co-occurring Mental Health Conditions

A Hidden Gem in Agoura Hills

Our vibrant, creativity-infused space feels welcoming and inspiring, offering a non-clinical sanctuary where individuals thrive. By blending comfort, art, and nature, we boost engagement and accelerate healing.

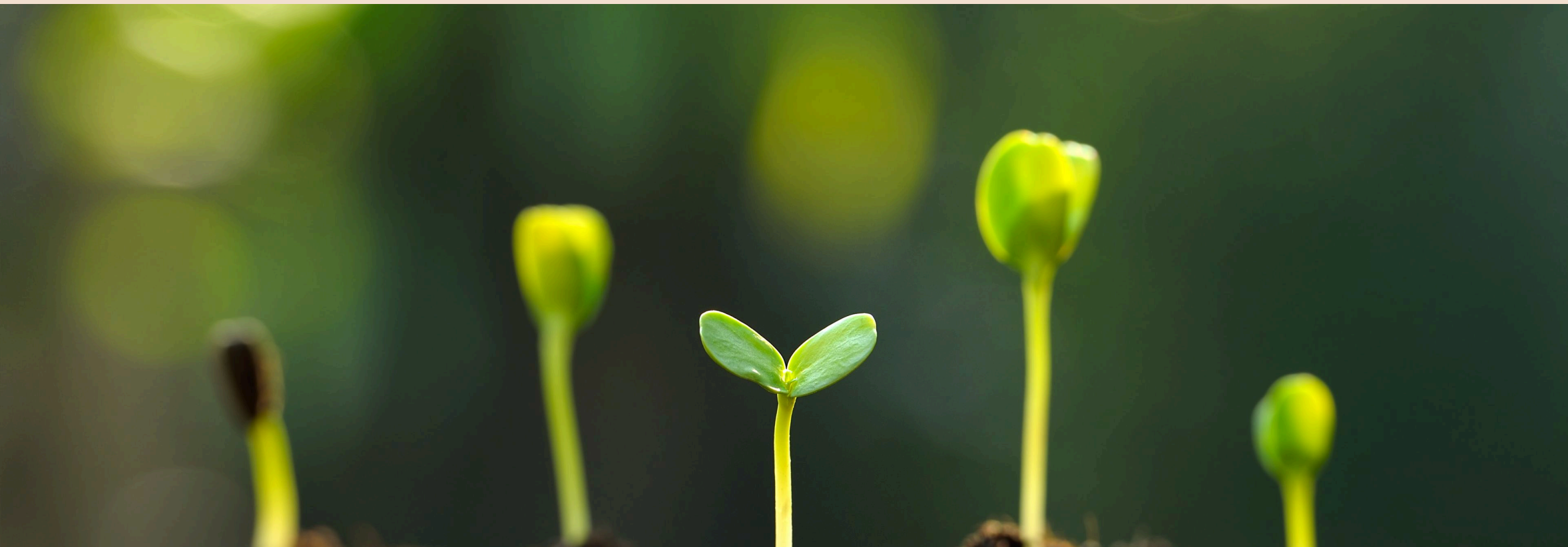


We turn healing into action through real-world experiences that spark lasting change.

Active engagement, creativity-driven, nature based healing helps clients shift from talking into doing

Individuals rediscover their authentic selves, building life skills and resilience

We collaborate closely with Professionals ensuring seamless admissions, and real-time progress updates



Our Unique Approach



Experiential Healing

- Action-oriented recovery through hikes, beach walks, and movement therapy
- Improv theater and exposure therapy
- Animal therapy



Immersive & Innovative

- Creative arts for emotional processing
- Gut-brain nutrition and mindful eating
- Yoga, breath work, sound therapy
- Fun, weekly off-site adventures



Community & Connection

- Strong peer support, team building, and life-skills coaching
- Group fitness activities
- Pickleball, gym access
- Family therapy and alumni mentorship



Daily 1:1 Therapy

- More Private sessions compared to most outpatient programs
- Stronger engagement leading to better outcomes



Curated & Adaptive Care

- We meet clients where they are, individually and in peer based groups
- We offer flexible scheduling with in-person & virtual options



Strength & Solution-Based

- We empower clients to build on existing strengths
- CBT, DBT, and tailored therapy paths for real-world application

What Our Clients Say...

“

The staff at Found Recovery are the BEST! The activities and groups are educational and creative. The establishment itself is clean and artsy. Definitely the place for recovery!

M.M.

Alumni

“

This is the best outpatient program that I have found. Incredibly skilled and kind, compassionate staff that really wants to see each person become the best version of themselves. Life changing.

Thank you Found!!

P.W.

Alumni

“

Found Recovery holds a very special in my heart and has been pivotal in shaping my outlook on life moving forward. The environment is infused with positivity, happiness, and love, creating a safe safe where I felt that I could heal. I am leaving this program not just sober, but with a strong sense of growth, resilience, and purpose that I couldn't have FOUND alone.

F.J.

Alumni

“

They have very good facilitators based around recovery and healing. Very special place to me. Morning hikes inspired me to start working out and completely changed my life for the better! I love Found!

S.B.

Alumni

“

I absolutely love this place! I've experienced other IOPs and they just don't compare. All of the staff at Found genuinely and deeply want to see their clients achieve lasting sobriety and thrive in life. The groups are very high in quality and they don't give busy work but activities that feel meaningful and useful. The environment feels warm, welcoming, and inclusive. I'm so grateful for this place. A great place to recover!

C.C.

Alumni

OutPatient Detox

A safe, structured environment where recovery begins with medical oversight, comfort, and care.



- 2 hours/day, 5-7 days/week
- 1 hour with Physician for symptom management
- 1 hour with therapist for educational sessions that focus on withdraw management
- Medication-Assisted Treatment (MAT), Vivatrol, and Subulcade on site
- Holistic comfort interventions
- Reduce recidivism after reoccurrence episode
- Continuing care plan with a smooth transition

Our continuum of care maintains consistent therapeutic approaches, varying only in structure and intensity based on recovery stage.

Partial Hospitalization Program (PHP)

A full-day program emphasizing structure implementation and comprehensive treatment.

- 6 hours/day, 5 days/week
- Average duration: 45-60 days
- 5 weekly individual therapy sessions
- Weekly Addiction Medicine Specialist sessions

Intensive Outpatient Program (IOP)

A flexible program that supports clients in balancing treatment with their personal and professional lives.

- 3 hours/day, 3 days/week
- Average duration: 90 days
- 3 weekly individual therapy sessions
- College, Career, and Life Skills development

Core Therapeutic Elements Across All Programs:

Emotional Regulation

Peer-Based Sessions

Experiential Therapies

Case Management

Relapse Prevention

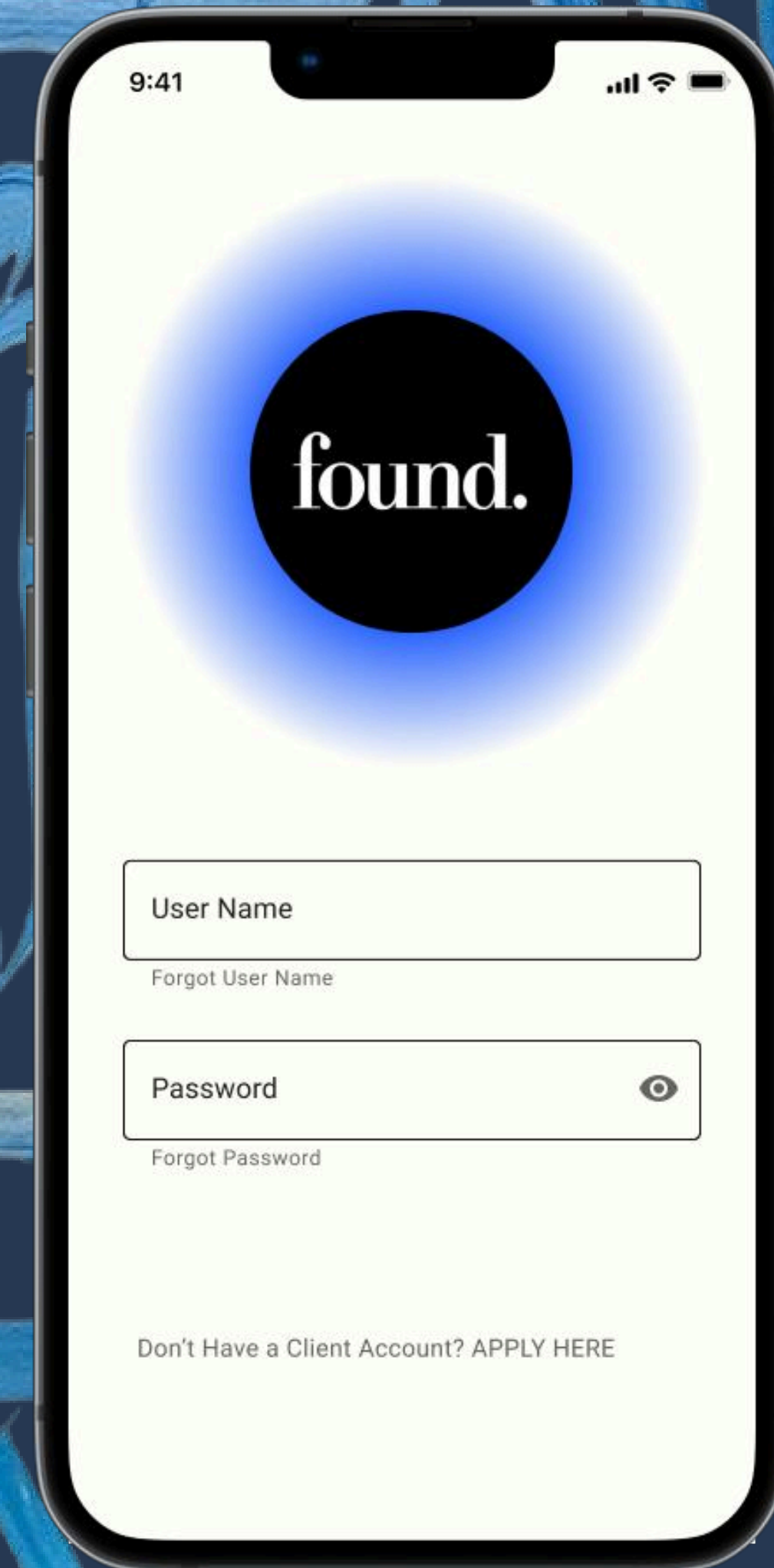
Weekly Off-Site Team Building

Trauma Therapy

Medication Management

Virtual Program

Access high-quality treatment from anywhere, delivering the same evidence-based care through our secure, HIPAA-compliant client portal.



A Day in the Life

Mon.

- Rise & Reflect
Morning
Intentions Hike
- Fuel & Flow
Nutrition + Yoga
- Unscripted
Authentic
Communication
- The Deep Why
Psychoeducation

Tues.

- Beach Reset
Malibu Beach Walk
- Just Breathe
Breath work for
Balance
- Freestyle Flow
Emotional Regulation
through Improv
- Future Proof
Relapse Prevention

Wed.

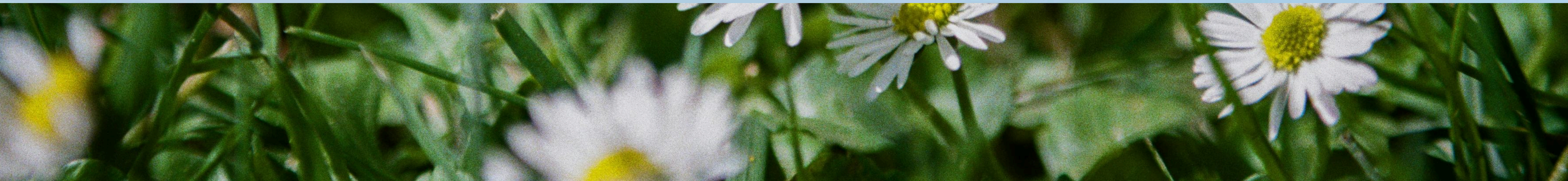
- Mind Over Mountain
Hike or Strength
Training
- The Vault
Process & Share
- Here & Now
Mindfulness in
Motion
- Creative Collab
Art + Team Building

Thurs.

- Strength & Stillness
Gym & Focus
Workout
- Stronger Together
Team Connection &
Growth
- Real-World Ready
Life Skills Lab
- Nourish & Flourish
Cooking for
Connection

Fri.

- Resilience
Weekly
Community
Team
Building



Our Team

Providing excellence, compassion, and personalized care through weekly treatment adaptations.



Cainan Oliver

Co-Founder



Danielle Nepus

Co-Founder



Madison Mastera

Chief of Staff



Dr. Akashdeep Gill

Psychiatrist
MD, ABPN, ABPM



Dr. Abe Malkin

Medical Director
MD, M.B.A



Dr. Michael Gertz

Addiction Medicine
MD, ABPM



Erika Kamisn

Medical Staff
P.A.



Harsh Brar

Medical Staff
N.P.



Melissa Scharf

Clinical Director

We bring unique life experience, expertise, and focus on the mind, body, spirit connection.



Nick Sharp
Primary Therapist
M.A.
Nature therapist,
transpersonal guide



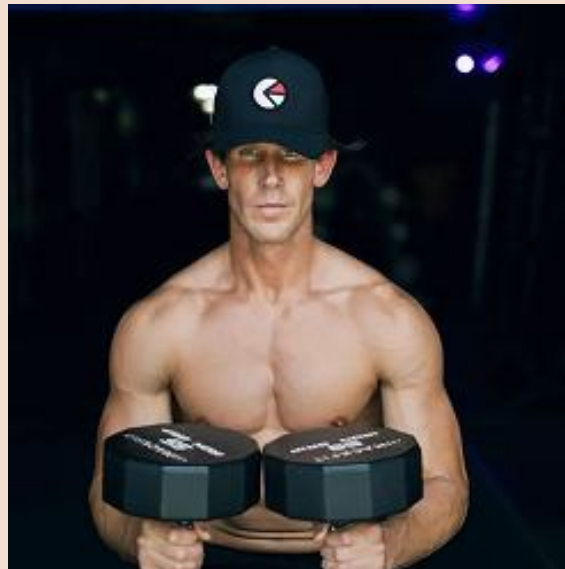
Josh Wolf
Case Manager



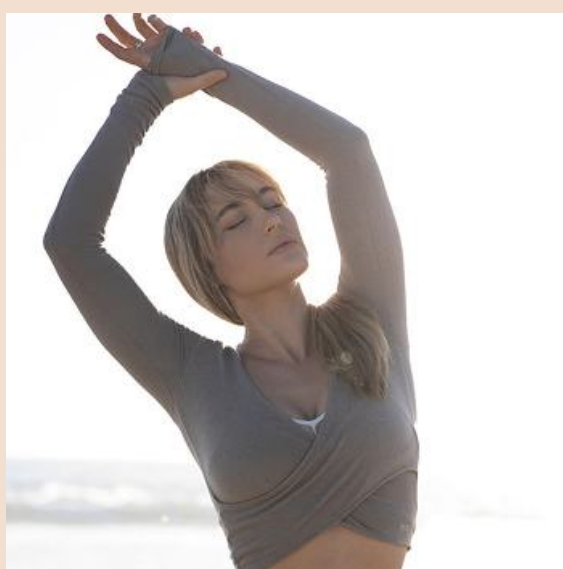
Dean McDermott
Group Facilitator



Alex Buck
Group Facilitator
Movement Healing



Todd Bowman
Group Facilitator
Fitness Coach
CPT, CWC



Dorothy McMahon
Group Facilitator
Yoga Instructor, Longevity
Chef, Reset Coach
RYT, CNC, CHC



Garo Kharadjian
Group Facilitator
Mindfulness Practice
Fitness & Nutrition



Nicolette Sikelianos
Group Facilitator
Mindset & Lifestyle Coach



Ryan Alphonso
Group Facilitator

Aftercare *Alumni*

Long-term success is built on ongoing support. We stay connected beyond treatment to ensure sustained recovery.

- Alumni mentorship, groups, and social events
- Case manager follow-ups
- Family workshops
- Comprehensive discharge planning
- Referrals for continued care



Professionals

Referral Process



Call Danielle
(805) 469-5012 for immediate attention



Email Madison
Send client details to
Madison@FoundRecovery.org

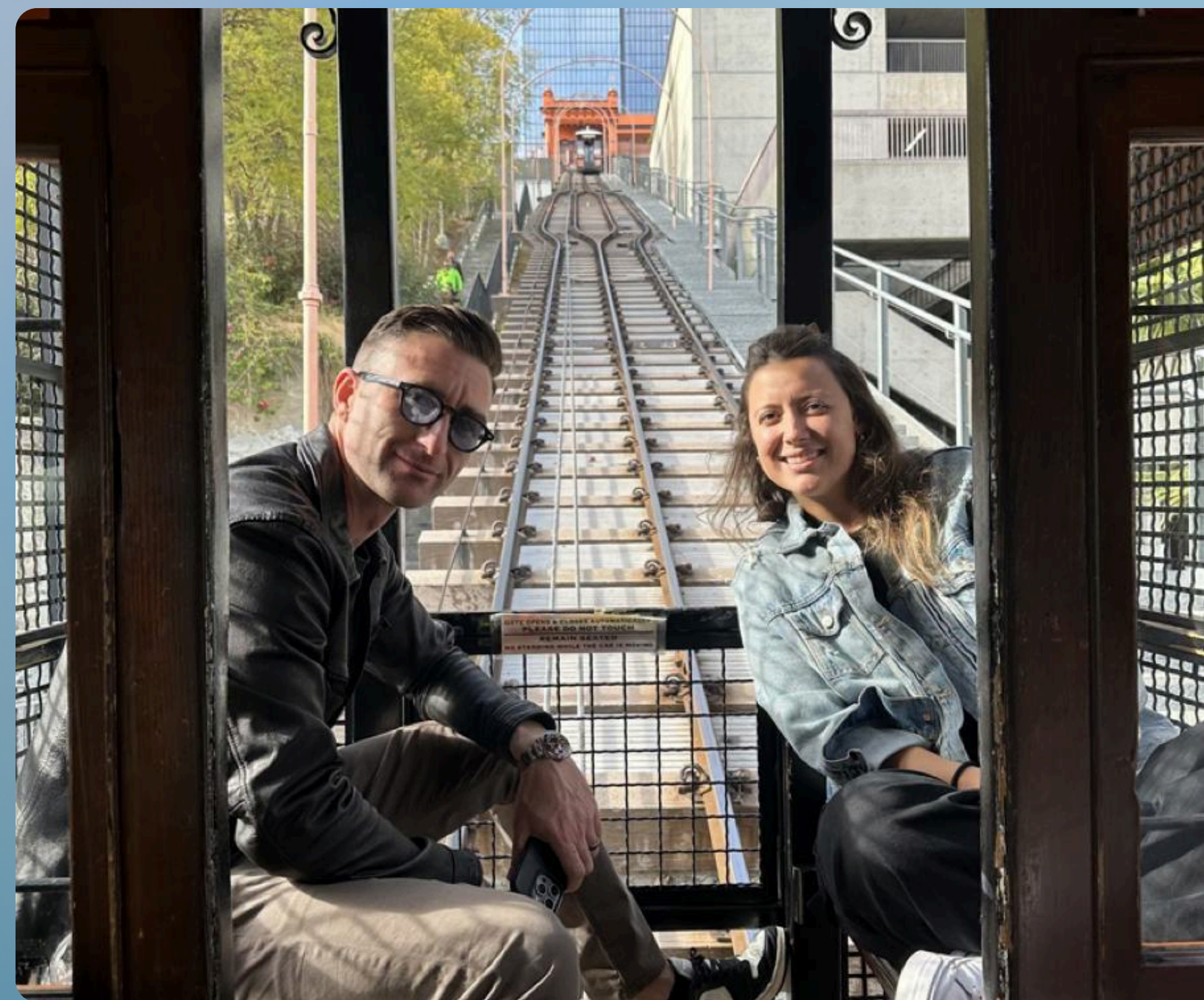
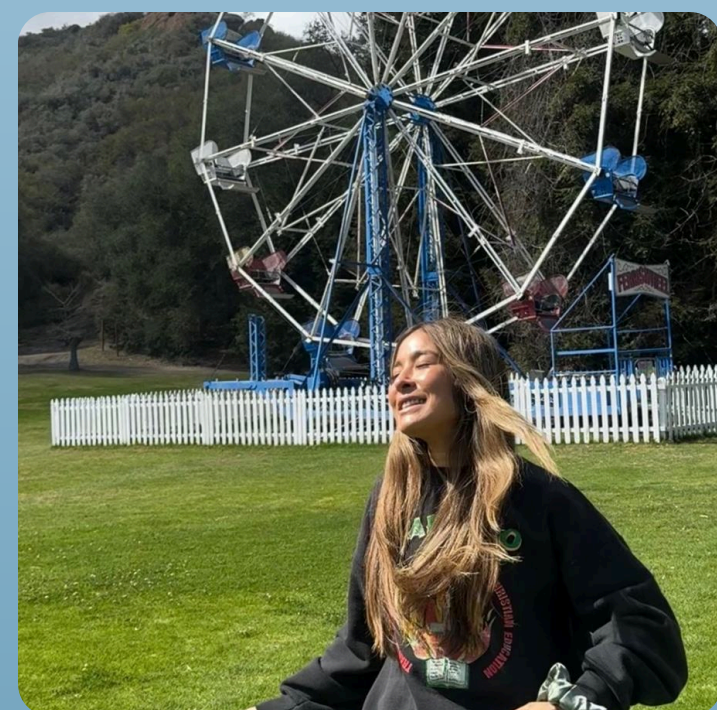
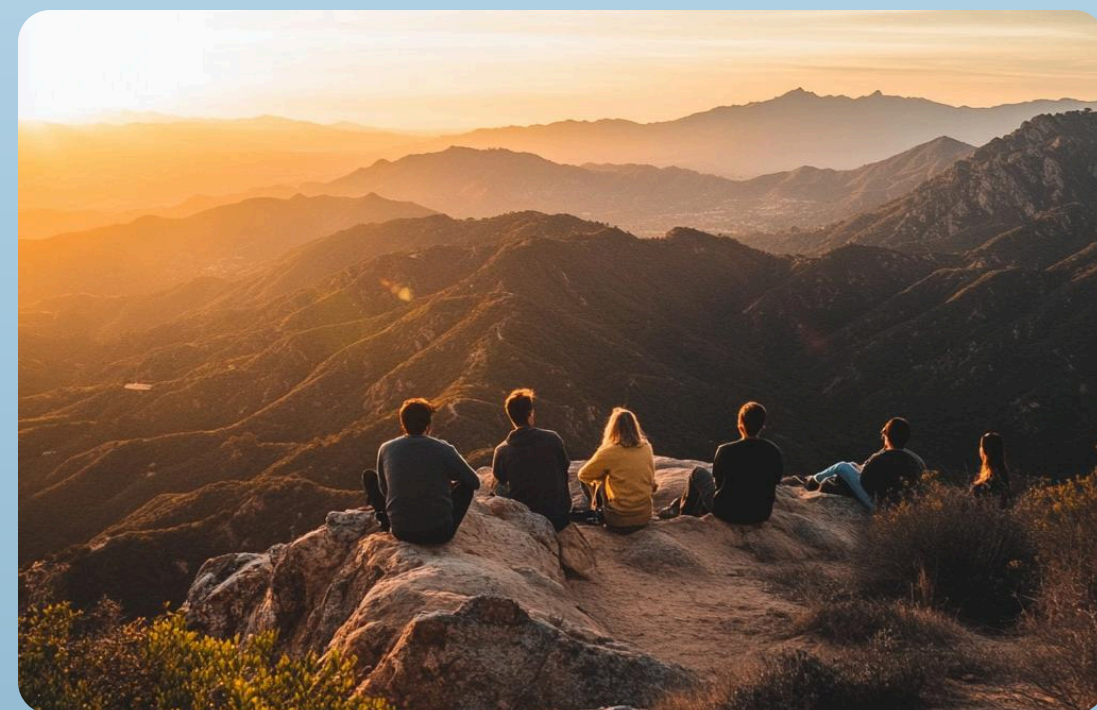


Dedicated Liaison
We verify insurance, schedule
assessments, and keep you informed

We work closely with therapists, psychiatrists, interventionists,
and healthcare providers for seamless client transitions.

We coordinate structured housing and transportation.





Growth. Integrity. Compassion.

Out of Network Insurance

We verify benefits and provide claim assistance with private pay & financing options available





found.

Let's Connect

Schedule a Tour - Refer a Client

We're Ready to Help

Address

27489 Agoura Rd

Suite 205

Agoura Hills, CA 91301

Admissions

805-469-5012

Business

805-815-6777

Email

Admin@FoundRecovery.org

Visit

FoundRecovery.org